

**Procedures Criteria**  
**Tonsillectomy (Pediatric)**

|   |                               |                             |                    |
|---|-------------------------------|-----------------------------|--------------------|
| PATIENT: Name <u>James Bond</u>   | D.O.B. <u>2/29/1961</u>       | ID# <u>9876543200</u>       | GROUP# <u>ABCD</u> |
| CPT/ICD: Code <u>28.0/42820</u>   | Facility <u>Gold Hospital</u> | Service Date <u>8/20/04</u> |                    |
| PROVIDER: Name <u>Dr Augustus Sample</u>                                | ID# <u>00249</u>              | Phone# <u>305-555-1212</u>  |                    |
| Signature <input checked="" type="checkbox"/> <u>Augustus A. Sample</u> | Date <u>8/2/04</u>            |                             |                    |

ICD-9-CM: 28.2, 28.3

CPT: 42820, 42821, 42825, 42826

**INDICATIONS (choose one and see below)**

- 100 Peritonsillar abscess
- 200 Chronic tonsillitis
- 300 Recurrent acute tonsillitis
- 400 Obstructive tonsillar hypertrophy
- 500 Suspected tonsillar malignancy
- 600 Tonsillar hemorrhage ♦
- 700 Tonsillar cryptitis
- Indication Not Listed (Provide clinical justification below)

**100 Peritonsillar abscess(ONE)**

- 110 Acute airway obstruction ♦
- 120 Needle aspiration contraindicated because of age
- 130 Peritonsillar abscess ≥ 2x by Hx

**ADD ADDITIONAL  
CASE COMMENTS  
BELOW**

**200 Chronic tonsillitis(BOTH)**

- 210 Sx/findings(BOTH)
  - 211 Throat pain ≥ 6 wks by Hx
  - 212 Findings(ONE)
    - 1 Tender cervical lymph nodes
    - 2 Tonsillar erythema/exudate
    - 3 Temperature > 100.4 F
    - 4 Documented increase in tonsil size
- 220 Abx Rx ≥ 10 days x2

**300 Recurrent acute tonsillitis(BOTH)**

- 310 Sx/findings during acute episode(BOTH)
  - 311 Throat pain
  - 312 Other findings(ONE)
    - 1 Tonsillar erythema/exudate by PE
    - 2 Temperature > 101 F
    - 3 Cervical lymph nodes(ONE)
      - A) Tender/enlarged
      - B) > 1.5 cm
    - 4 Documented increase in tonsil size
    - 5 Group A Beta-hemolytic strep by culture

\*InterQual® criteria are intended solely for use as screening guidelines with respect to the medical appropriateness of healthcare services and not for final clinical or payment determinations concerning the type or level of medical care provided, or proposed to be provided, to a patient.

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Patient Name \_\_\_\_\_

ID # \_\_\_\_\_

- 320 Frequency of documented acute episodes(ONE)
- 321  $\geq$  3/yr for 3 yrs
  - 322  $\geq$  4/yr for 2 yrs
  - 323  $\geq$  5/yr for 1 yr

**400 Obstructive tonsillar hypertrophy(ALL)**

- 410 Sx/findings(ONE)
- 411 Hyponasal/hypernasal speech
  - 412 Snoring/mouth breathing  $\geq$  6 mos
  - 413 Suspected sleep apnea
  - 414 Persistent drooling
  - 415 Swallowing impairment  $\geq$  6 mos **with**(ONE)
    - 1 Weight loss
    - 2 Failure to thrive
    - 3 Dysphagia with solids
- 420 3+/4+ tonsillar enlargement by PE
- 430 Normal palate by PE

**500 Suspected tonsillar malignancy****600 Tonsillar hemorrhage ♦****700 Tonsillar cryptitis(ALL)**

- 710 Foul breath/halitosis  $\geq$  12 wks
- 720 Foul taste  $\geq$  12 wks by Hx
- 730 Continued Sx/findings **after** Rx(BOTH)
- 731 Broad spectrum Abx  $\geq$  10 days x2
  - 732 Oral hygiene

# Pre-Certification Form

To avoid any delay of this review, please submit all relevant documentation with this form (dictation, progress notes, consultation requests and results).

Routine     Medically Urgent

**Definition of Medically Urgent for Medicare members:** Waiting the routine time period would seriously jeopardize the member's life, health, or the member's ability to regain maximum function.

**Definition of Medically Urgent for all others:** Waiting the routine time period would subject the member to severe pain that cannot be managed without the care or treatment requested.

| Patient Information  | Requesting Provider Information                   |
|--|---|
| Name <u>James Bond</u>   | Provider's name <u>Dr Augustus Sample</u>         |
| ID number <u>00249</u>   | Phone <u>305-555-1212</u> Fax <u>305-555-1213</u> |
| DOB / /  | Contact name _____                                |
| Product line: <input type="checkbox"/> Commercial<br><input type="checkbox"/> Medicare | <input type="checkbox"/> PCP request              |

### Services requested — please attach supporting documentation

|                     |                                   |
|---------------------|-----------------------------------|
| Date of service / / | Place of service (facility) _____ |
|---------------------|-----------------------------------|

|  |   |
|--|---|
| <input type="checkbox"/> CT scan of _____  | <input type="checkbox"/> Ambulatory/outpatient surgery  |
| <input type="checkbox"/> MRI of _____  | <input type="checkbox"/> Acute rehabilitation   |
| <input type="checkbox"/> MRA of _____  | <input type="checkbox"/> Acute skilled nursing  |
| <input type="checkbox"/> PET scan of _____   | <input type="checkbox"/> Hospice  |
| <input type="checkbox"/> Extended care referrals (chronic care)                                  | <input type="checkbox"/> Infusion   |
| <input type="checkbox"/> Dialysis  | <input type="checkbox"/> Drug name(s) _____   |
| <input type="checkbox"/> Pain management   | <input type="checkbox"/> Invasive vascular studies/ED studies   |
| <input type="checkbox"/> Prosthetic/orthotic devices   | <input type="checkbox"/> Nuclear Stress Test  |
| <input type="checkbox"/> Sleep studies   | <input type="checkbox"/> Total OB care (includes one OB ultrasound performed in the physician's office between 13-24 weeks gestation) |
| <input type="checkbox"/> Out-of-area or non-participating provider                               | <input type="checkbox"/> Additional OB ultrasound (prior to 13 weeks gestation, or after 24 weeks gestation)                          |
| <input type="checkbox"/> Outpatient therapy (physical, occupational, speech, cardiac, pulmonary) | <input type="checkbox"/> OB diagnostics   |
| <input type="checkbox"/> Chemotherapy  | <input type="checkbox"/> Other _____  |
| <input type="checkbox"/> Radiation therapy   |   |
| <input type="checkbox"/> Transfusion/infusion inpatient admission                                |   |

|                            |                         |
|----------------------------|-------------------------|
| Procedure/CPT code _____   | Primary diagnosis _____ |
| Clinical information _____ |                         |
| _____                      |                         |
| _____                      |                         |
| _____                      |                         |
| _____                      |                         |
| _____                      |                         |
| Physician signature _____  | Date / /                |

Requests for **MEDICALLY URGENT** services: call NHP Utilization Management  
**SUBMIT PRE-CERTIFICATION REQUESTS TO CASE MANAGEMENT:** 305-715-2421  
**REFERRALS:** 305-715-2650 (Miami/Dade) or 1-800-550-5568/Fax: 1-800-305-0140  
**UM PRE-CERTIFICATION:** 305-715-2468